

Attracting and Seducing Women: How to Use 'Option Limitation' to Maximise Your Success

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If you DID ask, you know your chances would be small, after all, no girl wants a guy approaching her with needy questions - she wants a confident man who somehow seems to know what she's after and can give it to her.

So how do you do it?

How do you become the man that effortlessly exudes confidence, dominance and presence, without turning into an arrogant poser or desperate wannabe?

The answer lies in psychology. It's at the heart of all persuasive social situations, and absolutely central to the success of any guy's attempts at attracting and seducing women. Quite simply, by learning the CORRECT psychological rules, principles and tactics, any guy can play and WIN at the game of seduction. For example, let's look at one such psychological technique, that used correctly boosts any guy's chance of getting a girl's number or hooking up with her at a later date by at least 50%, each and every time he uses it. It's called option limitation and works on the following principle of human nature:

When someone's presented with only a single choice, often their natural reaction will be to rebel against it and go their own way. However, when given 2 or 3 options, the opposite occurs: they feel their intellectual freedom has been respected and they make their choice from the variety of options they've been presented with.

You can use this universal psychological principle when picking-up or seducing a woman by carefully constructing how you pose important questions or phrases while talking to her.

For example, most men think saying: "Can I have your number?" is an okay way to finish a conversation that's gone well with a girl. But a much more powerful and effective way of saying the same thing would be to use option limitation. Something like: "It's been nice to meet you. Shall we swap numbers or maybe grab a bite to eat and a drink tomorrow?" What you're doing is presenting the girl with a choice between good and better – whichever she says yes to, you win. If you only give her one option, as in the first example, she's likely to create her own alternative, which means there's a chance she won't say yes to the option you gave her. When she subconsciously recognises that she's been given a choice between multiple outcomes, she feels her intellectual freedom has been respected and she chooses one of them.

So, always use option limitation to give the impression there's a variety of options available to the girl – even though each one is fine as far as you're concerned. And to strengthen the effect of option limitation, always try to separate the choices you give the girl with the word "or." When people hear "or" they automatically recognise that they need to make a choice, and therefore do just that.

Option limitation is just one example of how, whether they know it or not, men who are successful with women CREATE that success for themselves – not through luck or good fortune.

Tiffany Taylor is the female author of GuyGetsGirl, a special guide for men that reveals all the dirty tricks women play on guys each and every day. And, most importantly, how men can turn the tables on women by using special psychological techniques to attract and seduce them, anywhere, anytime…effortlessly .